

# ACTIVITY BOOK Loh Jum Bench Villas

A guide to the activities and private excursions available at the resort

www.kohjumbeachvillas.com

## IN-HOUSE Rental Equipment





PADDLEBOARD RENTAL | Per hour THB 300++ | Half Day THB 600++





KAYAKS RENTAL First 3 hours - Free Per hour THB 150++



MOTORBIKE RENTAL | Half Day THB 200 | Full Day THB 350 BICYCLE RENTAL | First 3 hours Free | Per hour THB 50++

Prices are subiect to 10% service and 7% VAT

## IN-HOUSE Wellress





DAILY YIN YOGA - First class free | Per Class THB 300++ | Private in-villa classes available

MEDITATION COURSE 90 minutes From THB 1500++







INTUITIVE LIFE COACHING | Single sessions from THB 2,990++ NERVOUS SYSTEM REJUVENATION RETREAT | Free Consultation and Retreat plan

Contact wellness@kohjumbeachvillas.com for more information and booking



### You're personal island hopping experience

Perfecting 10 years of day-trip organization. Choose between Thai long tail or speed boat and explore Krabi's magical islands like Phi Phi, Koh Kradan, Bamboo Island, and Koh Haa, accessing exclusive boat-only areas.

Your safety is ensured with licensed captains, certified boats, and local experts.

Customise your private boat routes with our Guest Service team.

What to Bring Along;

- Long sleeve shirt
- Sunscreen protection
- Sun hat
- Towels
- Mosquito repellant
- Camera
- and the people you love!

If you have special dietary requirements, please let us know at least 24 hours in advance.

\*Thai Baht Cash will be required to pay for National Park Entrance Fee for some excursions.

#### Scuba Diving in the Krabi Region

For those wanting to explore our magnificent underwater world and renowned dive sites such as the Bida islands, Koh Haa, the world famous Hin Daeng/Hin Muang among other popular sites, we have partnered with Lanta Diver.

Lanta Diver contact information available upon request.





Experience Authentic Island Exploration: Embark on a Leisurely Long Tail Boat Tour!

#### FULL DAY TRIP 7 Hours | Lunch Included PHI PHI DON | PHI PHI LEH| BAMBOO MOSQUITO ISLANDS

THB 7,500++

Phi Phi National Marine Park consists of small islands; fine sandy beaches and soaring limestone cliffs which form spectacular scenery. Phi Phi Don is the largest of the islands and here you can enjoy shopping for souvenirs while enjoying the spectacular scenery.

The smaller, uninhabited island of Phi Phi Leh is a big tourist attraction. Surrounded by sheer limestone walls dotted with caves and passages the island's shallow blue-green lagoons and coral gardens make for excellent snorkeling. Bamboo Island Is perfect for enjoying swimming in the warm shallow waters or just relax on the white sandy beach, while Mosquito island has stunning scenery which you can only see by boat. It is not possible to go to the beach on this island.



#### FULL DAY TRIP 7 Hours | Lunch Included RAILAY BAY | CHICKEN ISLAND & PODA ISLANDS

THB 8,100++

Koh Poda is a small limestone island. The circular island is no more than a kilometre in diameter, covered in palm trees and almost entirely encircled by a soft white sand beach. Chicken island got its name from a bizarre rock formation which resembles the head of a chicken. One end of the island consists of steep cliffs, while the other end has beautiful beaches along a peninsula.

One of Thailand's most breathtaking beaches, Railay Beach boasts white sands, blue waters and dramatic cliffs and it is accessible only by boat due to high limestone cliffs cutting off mainland access. These cliffs attract rock climbers from all over the world, but the area is also popular due to its beautiful beaches and quiet relaxing atmosphere.





Phi Phi National Marine Park features picturesque islands with sandy beaches, limestone cliffs, and caves. Phi Phi Don offers shopping amidst stunning scenery, while Phi Phi Leh beckons with snorkeling in blue-green lagoons. Bamboo Island offers serene shallow waters, and Mosquito Island boasts boat-only views of stunning scenery. Beach access is unavailable on Mosquito Island.

3 ISLANDS - FULL DAY TRIP 7 Hours | Lunch Included PHI PHI DON |PHI PHI LEH| BAMBOO | MOSQUITO ISLANDS HALF DAY TRIP 8-12am or 1-5pm | Fresh Fruit Included | PHI PHI DON AND PHI PHI LEH

HALF DAY TRIP 8-12am or 1-5pm | Fresh Fruit Included |

**BAMBOO AND MOSQUITO ISLANDS** 

THB 13,500++

THB 15,200++

THB 13,500++

Koh Poda is a tiny limestone island with palm-covered shores and a circular white sand beach. Chicken Island, named for its peculiar rock formation, features cliffs on one end and pristine beaches on the other. Railay Beach, accessible only by boat, offers stunning sands, azure waters, and renowned rock-climbing cliffs, making it a top destination for relaxation and adventure.

#### 3 ISLANDS - FULL DAY TRIP 7 Hours | Lunch Included RAILAY BAY | CHICKEN ISLAND & PODA ISLANDS

3 Krabi Islands with the addition of Hong Island which has stunning twin bays on its east side, and two rockier beaches on its northshore. The rest of the island is comprised of high cliffs, surrounding a large lagoon at its interior -the "chamber" to which its Thai name, "Hong", refers. \*lagoon only accessible in high tide

4 ISLANDS - FULL DAY TRIP 7 Hours | Lunch Included RAILAY BAY | CHICKEN ISLAND | PODA & HONG ISLANDS THB 19,700++

THB 21,500++

The price is for a private speed boat |Up to 4 people | extra person THB 750++ Private Guide | Snorkeling equipment included | National Park fee not included THB 400 cash per adult | THB 200 cash per child Prices are subject to 10% Service & 7% VAT



Experience Island Paradise at High Speed: Choose our Speed Boat Tours for Unmatched Adventure and Efficiency!

#### 5 ISLANDS - FULL DAY TRIP 7 Hours | Lunch Included KOH NGAI| KOH MAH| KOH CHUEK| KOH MOOK| KOH KRADAN

THB 22,500++

Hop between the Trang islands of Koh Lanta as you wander between stunning beaches and powder white sand. Snorkel in the pristine waters of Koh Kradan, Swim through the breath taking scenery at Koh Mook, be amazed by the soft coral reefs and vibrant, colourful fish at Koh Cheuk, and relax on the white powdery sands of Koh Ngai.

#### FULL DAY TRIP 7 Hours | Lunch Included KOH ROK | KOH HAA

#### THB 26,000++

Koh Rok is well known for its powdery white sands, crystal clear waters and abundance of colourful marine life. Koh Haa, normally only visited by scuba divers is now available for snorkeling and is by far and wide the best possible location to snorkel. The marine life here is largely untouched by snorkelers and like Koh Rok has crystal clear waters, white powdery sands and many species of marine life.



Visit the off-the-beaten track islands called Koh Talabeng, which is an old large rock island off the east coast of Koh Lanta Noi which has a very impressive cave system and Koh Bubu which has some fabulous white sand beaches, turquoise waters with picturesque landscape. At Lanta Old Town experience quaint, low-key street with authentic stores & eateries in old wooden houses, plus a pier & a weekend market.

HALF DAY TRIP 8-12am or 1-5pm | Fresh Fruit Included KOH TALABENG AND KOH BUBU

THB 14,000++

FULL DAY TRIP 7 Hours | Lunch Included KOH TALABENG, KOH BUBU, AND LANTA OLD TOWN

THB 17,300++

## THE ART OF Traditional Thai Massage

Indulge in the Art of Traditional Thai Massage with Our Range of Massage Options.

Thai massage has numerous health benefits, from lowering stress to relieving muscular tension. Treat yourself to an hour of relaxation in our luxurious massage treatment room or in the privacy of your villa.

Mee Sook translated means to 'have joy', choose from our extensive range of massage options, each designed to promote healing, well-being and to bring a sense of joy and serenity into your life.





Traditional Thai Massage	60 minutes	THB 700++
Oil Massage	60 minutes	THB 700++
Back, Neck & Shoulders Massage	60 minutes	THB 700++
Foot Massage	60 minutes	THB 700++
Face Massage	60 minutes	THB 700++
In-villa massage, additional charge	60 minutes	THB 200++

Please contact Guest Service to book your treatment at "Mee Sook Massage" located next to Reception.



Experience the Art of Thai Cuisine Through Our Cooking Class.

#### PRIVATE IN-VILLA THAI COOKING CLASS 3 HOURS / 2 PEOPLE

#### THB 3,800++

Embark on a culinary journey that will awaken your taste buds and leave you with the skills to recreate the magic of Thai cuisine in your own kitchen. In our private cooking class, you'll dive headfirst into the vibrant world of Thai flavors, guided by our expert Chef.

Learn the secrets behind iconic dishes as you chop, stir, and simmer your way to culinary excellence. Each class covers a selection of dishes, carefully curated to showcase the diversity and richness of Thai cuisine. From Pad Thai to Green Curry, you'll discover the intricate balance of flavors that make Thai food so beloved worldwide.

We provide all the ingredients you need, along with easy-to-follow recipe sheets for each dish. After the class, you'll be equipped to recreate these delicious Thai meals at home, impressing your friends and family with your newfound culinary expertise. Don't miss this opportunity to immerse yourself in the world of Thai cooking, where tradition meets innovation, and flavors come to life.

Join us for a cooking class that's as informative as it is delicious, and take home the taste of Thailand.



Nutrition workshops also available

EXPLORE Local Loh Jum

#### Island Exploration Adventures Awaits

Prepare to embark on unforgettable journeys that unveil the beauty and culture of Koh Jum, a hidden gem in the Andaman Sea. Koh Jum Beach Villas invites you to explore the heart and soul of this remarkable island through our diverse and enriching island exploration tours.

Nestled in the serene embrace of nature, Koh Jum offers an authentic experience unlike any other in Thailand. As you step out of your villa and into this lush paradise, you'll find yourself immersed in the pristine beauty of the island and the warmth of its welcoming communities.

Our island exploration tours are thoughtfully crafted to connect you with the essence of Koh Jum. Whether you're a nature enthusiast, a culture seeker, or an adventurer at heart, we have an adventure that will resonate with your desires.

These excursions are designed to create lasting memories, offering you the chance to dive deep into the soul of Koh Jum.





#### HALF DAY TRIP 4 HOURS LOCAL TUK TUK GUIDED TOUR | KOH JUM ISLAND

#### THB 1,500++ (Up to 4 guests)

Embark on a journey through Koh Jum's three distinct villages: Koh Pu Village, Tingrai Village, and Koh Jum Village. Accompanied by an English-speaking guide, you'll delve into the island's rich culture and immerse yourself in the mystical Chao Ley "Sea Gypsy" way of life. Discover their sustainable methods of fishing and squid trapping, gaining valuable insights into their traditions. Explore the lush rubber tree plantations and learn how rubber cultivation sustains the local community. Koh Jum's authenticity comes to life as you engage with its people and heritage.

#### KOH JUM MANGROVE EXPLORATION BY KAYAK 2 HOUR TRIP | WATER AND FRESH FRUIT

THB 950++ / Person

Become a steward of nature as you participate in our mangrove restoration program. Paddle through Koh Jum's serene mangrove forests, contributing to the ecosystem's health. Mangroves provide vital habitat for countless species, protect against erosion, and safeguard the island from storms. Planting mangroves is a meaningful way to give back to the environment.

This adventure is available during low tide, and we kindly request 24 hours' notice to ensure your experience aligns with the tide.



KOH PU MOUNTAIN TREK 4-5 HOURS TRIP | WATER AND LUNCH THB 1,400++ / Person for first 2 people Extra person THB 600++ (price quoted per villa)

If you're up for a physical challenge, hike through Koh Jum's rubber tree plantations and ascend Koh Pu Mountain, standing at an impressive 400 meters. Accompanied by a local expert guide, you'll be rewarded with breathtaking panoramas of Krabi Province. A sturdy pair of shoes and some trekking experience will enhance your journey.

## KOH JUM local Tours & Activities

Discover Authentic Experiences with Our Local Tours and Activities

#### KOH JUM FISHING EARLY MORNING | Local Breakfast Included

#### THB 4,500++ (2 people - Extra person + THB 1000++)

THB 800++ / Person per hour

Set out for a unique fishing experience under the guidance of a local expert. Your fishing expedition takes place in the waters between Koh Jum and Phi Phi Island or in front of Koh Pu Beach. Here, you'll have the chance to reel in Barracuda, Mackerel, and Grouper. It's an early morning adventure that includes a hearty local breakfast.

#### MUAY THAI BOXING PRIVATE TRAINING AVAILABLE MONDAY-SUNDAY 9:00AM-11:00AM | 1:00PM-4:00PM

For those seeking an authentic cultural encounter, participate in private Muay Thai boxing lessons led by Khun Ann and his team in Koh Pu Village. Muay Thai is a deeply rooted martial art in Thailand, and this experience offers a glimpse into its traditions.

Please provide 24 hours' notice, and transportation from the resort to the Thai Boxing Studio is included.

